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## What is the Lindsay Institute

The Lindsay Institute, named after one of its co-founders, Dr. Richard W. Lindsay, is led by [VirginiaNavigator](#), a public/private partnership non-profit, and an Advisory Committee made up of energetic, experienced and passionate partners—working collaboratively to create and implement inventive and award-winning new initiatives aimed at improving caregivers' health, wellbeing and stability.

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## Resources & Articles

[Image](#)



## **Consumer-Focused Resources**

Caregivers and family members can explore relevant caregiving articles and links from a variety of state and national publications.

[Image](#)

professionals at desk diverse

## **Provider-Focused Resources**

Providers and program staff can explore relevant caregiving articles and links from a variety of state and national publications.

[Image](#)



## **The Lindsay Institute News**

The LIFIC News provides current articles on innovations in caregiving on a range of topics.

Explore the Caregiver Tech Tool Finder

The Caregiver Tech Tool Finder provides a curated list of the best apps, websites, wearables and other tech tools for caregivers.

[Learn More](#)

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## **Explore More**

### **Our Work**

The ultimate goal for the Lindsay Institute for Innovations in Caregiving is to improve caregivers' self-care and their ability to manage emotional stressors and tough decisions while bolstering their access to the latest technologies and community resources.

### **Hack Event**

Creation of state-of-the-art technologies to assist caregivers in staying well through a Virginia Technology Design Competition with interdisciplinary student teams from Virginia colleges and universities.

### **Partner With Us**

Please join us as a partner! We want to continue to work with like-minded individuals and organizations that want to explore the intersection where innovation, caregiver health and technology meet.

### **Follow Us on X**

Learn more about what the Lindsay Institute for Innovations in Caregiving is doing by following and connecting with us on X (formerly Twitter).

## Founding Sponsors

We extend immeasurable gratitude to our Founding Sponsors for their vision, direction and financial support.

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