

"If you want to go fast, go alone...if you want to go far, go together."

### African Proverb

The creation and implementation of the Lindsay Institute has been a highly collaborative process inclusive of many stakeholders who care about the health and well-being of family caregivers. Our remarkably talented [Advisory Council](#) are experts in the aging and caregiving fields—but perhaps more importantly—they share the Lindsay Institute leadership’s belief that we all have something valuable to contribute and there is great value in learning from one another along the way!

Please join us as a partner! We want to continue to work with like-minded individuals and organizations that want to explore the intersection where innovation, caregiver health and technology meet. Contact Adrienne Johnson at 804.525.7735 or [adrienne@virgininavigator.org](mailto:adrienne@virgininavigator.org) to work with us.

[View PDF](#)