The Lindsay Institute, named after one of its co-founders, Dr. Richard W. Lindsay, is led by VirginiaNavigator, a public/private partnership non-profit, and an Advisory Committee made up of energetic, experienced and passionate partners—working collaboratively to create and implement inventive and award-winning new initiatives aimed at improving caregivers' health, wellbeing and stability.

Learn More

Resources & Articles
**Consumer-Focused Resources**

Caregivers and family members can explore relevant caregiving articles and links from a variety of state and national publications.

**Provider-Focused Resources**

Providers and program staff can explore relevant caregiving articles and links from a variety of state and national publications.

**The Lindsay Institute News**
The LIFIC News provides current articles on innovations in caregiving on a range of topics.

**Explore More**

**Our Work**

The ultimate goal for the Lindsay Institute for Innovations in Caregiving is to improve caregivers' self-care and their ability to manage emotional stressors and tough decisions while bolstering their access to the latest technologies and community resources.

**Hack Event**

Creation of state-of-the-art technologies to assist caregivers in staying well through a Virginia Technology Design Competition with interdisciplinary student teams from Virginia colleges and universities.

**Partner with Us**

Please join us as a partner! We want to continue to work with like-minded individuals and organizations that want to explore the intersection where innovation, caregiver health and technology meet.

**Follow Us on Twitter**

Learn more about what the Lindsay Institute is doing by following and connecting with us on Twitter.

**Founding Sponsors**
We extend immeasurable gratitude to our Founding Sponsors for their vision, direction and financial support.